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Celebrated authors join list of distinguished presenters at Whistler Wellness Week, May 5-13

Whistler, B.C. - Best-selling authors join world class athletes and trainers, certified nutritionists, physiotherapists, fitness specialists and celebrated motivational life coaches and mentors during Whistler Wellness Week May 5-13 to present more than 120 workshops, seminars and demonstrations.

Among the growing list of notable presenters is Michael J. Losier, Canadian best-selling author of *Law of Attraction - The Science of Attracting More of What You Want and Less of What You Don't*. Losier will bring his celebrated how-to guide to Whistler's Millennium Place, Thursday, May 10, 7-9 pm as part of Whistler Wellness Week festivities. Losier, who has been interviewed recently by Oprah Winfrey for her satellite radio show, is on an extensive book tour.

"I am delighted that raising consciousness has hit the masses like never before," said Mr. Losier. "It's clear people are looking for more of what they want and less of what they don't. I teach people how to practice the art of Deliberate Attraction so they can have more of what they want in their lives."

Presenter Allan Holender, author of *Zentrepneurism - A 21st Century Guide to the New World of Business*, is also a popular media personality, commentator and mentor to entrepreneurs, CEOs, and of some of North America's top-ranked companies. In his workshop, *Zentrepneurism, Creating Passion, Purpose And Profits With Integrity* to be held on Friday, May 11, 7-9 pm at The Rainbow Theatre at the TELUS Whistler Conference Centre, Holender will inspire to explore one's own life's purpose and awaken the Buddha within, creating a more enlightened approach to business, life, and the world.

Renowned Life Coach, Motivational Speaker, Intuitive Guide and author of *Secrets of a Psychic Counselor*, Sheila Hite will also be presenting a variety of activities during Whistler Wellness Week, including seminars, sunrise meditations, readings and signing copies of her new book *Power Secrets: A Champion's Guide to Winning in All Areas of Your Life* which will be released for the first time in Whistler. LIFE MASTERY "Turning Lead into Gold - Take Charge of Your Power and Destiny As You Manifest Your Vision", is a liberating three-day workshop starting Friday May 11. Hite teaches how to translate the language and energy of inspiring life experiences into practical, workable techniques to produce impressive results that can shift the course of one's life in an amazingly short amount of time. A catalyst of the soul and mind, Hite synthesizes the expertise of her lifetime, her extensive practical experience, sharp business acumen, innate intelligence and spot-on intuition, uniting and

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igniting the key elements that create the dynamic transformational shifts necessary to help bring dreams to tangible reality.

Other highlights of Whistler Wellness Week include the Naturally High Opening Reception on Saturday May 5, Active Communities Day on Thursday May 10, and the Whistler Wellness Fair on Saturday May 12. Visitors may also take advantage of incredible deals throughout Whistler including up to 40 per cent off select treatments at some of Whistler's finest spas.

For more details, event schedule and ticketing information, visit www.whistlerwellnessweek.com. Accommodation in Whistler during Whistler Wellness Week is available from \$99 per night. Visit www.whistler.com or 1-800-WHISTLER for more information and to book.

Whistler Wellness Week is produced by Wellness Events in partnership with Tourism Whistler and supported by the community of Whistler wellness-based practitioners and businesses.

Whistler is a year-round leisure and meeting destination located in the Coast Mountains 120 kilometres (75 miles) north of Vancouver, British Columbia, Canada, and is site of the alpine, nordic, and sliding events for the 2010 Olympic and Paralympic Winter Games. Whistler has a range of accommodations totalling 3,200 hotel rooms, and more than 5,000 other tourist accommodation units including condos, B&Bs and chalets. Whistler offers a wide selection of restaurants, bars, spas, boutiques, and activities from world-renowned skiing and snowboarding, mountain biking and golf, to hiking, rock climbing, and watersports. Whistler Blackcomb Mountains feature 3,036 hectares (8,171 acres) of terrain and receive an average of 1,005 centimetres (33 feet) of snow annually. The Resort Municipality of Whistler is home to a diverse community of more than 10,000 permanent residents.

Whistler, located 668 metres (2,190 feet) above sea level, boasts four golf courses featuring sprawling fairways and spectacular views of the region's snow-capped mountains. Area lakes, mountain streams, stands of ancient cedars and forested course borders offer shelter for local wildlife such as brown bears, coyote, beaver, deer, birds and more. With average summer temperatures ranging from 9 to 23 degrees Celsius (48 to 80 degrees Fahrenheit) and some of the longest days of the year May through August, players can golf from dawn to dusk and log up to three rounds daily.

Tourism Whistler is the member-based marketing and sales organization representing Whistler, operating the TELUS Whistler Conference Centre, the Whistler Golf Club, the Whistler Visitor Centres and tourismwhistler.com, as well as 1-800-WHISTLER and whistler.com - Whistler's official source for visitor bookings and information. As the convention and visitors bureau for the Resort Municipality of Whistler, Tourism Whistler represents more than 7,000 members who own, manage and operate properties or businesses on resort lands including hotels, restaurants, activity operators and retail shops.

Whistler publication-ready photographs can be downloaded at <http://mediaroom.tourismwhistler.com/>

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