



**VANCOUVER  
COAST & MOUNTAINS**

*All things are possible!*

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**REAL HISTORY YOU CAN EAT! Meals and Memories Come Alive in New  
Collection of Chinese Canadian and Aboriginal Food and Family Stories**

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VANCOUVER, BC— A research, discussion and memories of family gatherings, home cooking, restaurant outings and other stories of twenty-three Chinese Canadians or Aboriginal background participants, have become a base for the book “Eating Stories: A Chinese Canadian and Aboriginal Potluck”, supported by The Canadian Chinese Historical Society.

A book launch, on **Sunday, November 25, 2007 at 4pm at the Vancouver Museum** is hosted by CBC’s Margaret Gallagher, who also wrote book’s foreword.

Following the success of the first workshop and the resulting book publication, *Finding Memories, Tracing Routes* (English and bilingual English-Chinese editions), Canadian Chinese Historical Society held a second writing workshop with the theme of “Food and Family.” George McWhirter, Vancouver’s Poet Laureate, says of this groundbreaking collection: “I want one of those meals and to be in one of those families. If I can’t be that in actuality, these stories make me a guest of all.”

Editor and workshop facilitator Brandy Liên Worrall states, “Reading these stories is just like sitting in a Chinatown café eating apple tarts in the 1960s or going to a barbecue at the reservation, catching salmon and having a good time. This is really history you can eat.”

Writers include Jacquie Adams, Jennifer Chan, Shirley Chan, Allan Cho, Grace Chow, Lilly Chow, Betty Ho, George Jung, Jackie Lee-Son, Roy Mah, Gordy Mark, Amy Perrault, Dan Seto, Bob Sung, Hayne Wai, Evelyn Wong, Larry Wong, Todd Wong, Harley A. Wylie, May Yan-Mountain, Candace Yip, Gail Yip, and Ken Yip.

An “authors reception” will be held at Rhizome Café (317 East Broadway) on **Thursday, November 22, 2007, at 7:00 PM**. This intimate event will have a short presentation and author readings. Media attendance to this event is by RSVP only.

A book launch, hosted by CBC’s Margaret Gallagher, will be held at the Vancouver Museum on **Sunday, November 25, 2007, at 4:00 PM**. Authors will read from the book, as well as answer questions from the audience. Copies of *Eating Stories* can be purchased at the authors’ reception and the launch or online at <http://www.lulu.com/cchsbc>.

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